

Dear Guests, you are very valuable to us, your health is more important than anything else.

Welcome to Sandikli Thermal Park Hotel, the region's first five-star thermal facility aimed at healthy living.

First of all, we would like to inform you that you are having a thermal holiday, that healthy meals are available in our hotel throughout the day in order to stay healthy as well as having fun, that it is important that thermal use should not be done when you are very hungry or overly full, and we would like to inform you about the services and practices provided in our hotel.

Please be quiet on the Thermal SPA floor.

- Our Thermal SPA Center provides service between 08:00 - 22:00, spa treatments are performed between 08:00 - 20:00 and work by appointment system. You must make an appointment at the Thermal SPA Reception in advance for your treatments. Massage, mud bath, foam scrub, etc. at the Thermal SPA Center. We would like to remind you that all applications are made by female staff for our female guests and by male staff for our male guests. You can get support from Thermal SPA Reception. Tel:777
- In the bay thermal section, there is a thermal pool, sauna, steam room and salt room, and you can access the common area from the bay section.
- In the women's thermal section, there is a thermal pool, sauna, steam room, salt room, swimming pool, pool with slides, children's pool and sun terrace, and you can pass from the women's section to the common area.
- In the common area, there is a thermal pool, indoor swimming pool, indoor pool with slides, children's pool, sauna, steam room, outdoor swimming pool with slides, thermal pool.
- There are special hourly family baths in our hotel, and you can get support from the Thermal SPA Reception for appointment and price information. Tel:777
- Be sure to be ready 10 minutes in advance for your appointment. We would like you to know that if you are late for your appointment, the appointment of our next guests will be disrupted, in this case, your appointment will be canceled because you are late and 50% of the product you purchased will be transferred to your account.
- In accordance with hygiene rules, one must take a shower, use a swim cap and wear swimming clothes. You can purchase swimming caps and all other products that you can use in the pools from the Thermal SPA reception.
- Entering the pool with underwear, making scrubs and soaps in the pool, and taking photos and videos in the pools are prohibited due to privacy, hygiene rules and personal data protection laws.
- In accordance with hygiene rules, do not use your pool slippers in other areas outside the Thermal SPA Center and do not put the slippers into the pool.
- It is dangerous and inappropriate for children under the age of 4 to swim in any pool other than the children's pool. Due to hygiene rules, young children are required to use pool diapers when entering the pool. You can purchase pool cloth that you can use in pools from the Thermal SPA Reception. It is dangerous for children under the age of 10 to use thermal pools. It is dangerous and prohibited for boys over the age of 4 to use the women's thermal section.
- You can reach the Thermal SPA floor by using the thermal elevators, which are designed to stop only on the room floors and in the SPA center, so that you can easily go down to the Thermal SPA floor with your bathrobe. When leaving your room to go to the Thermal SPA Center, please take your towel card with you and wear slippers, bathrobes, etc. in public areas. Please note that swimming pool clothes are not allowed.
- The white body towels in the rooms are for use in the room, do not use in the spa center.
- You can get your brown towels with a towel card from the Thermal SPA reception on the day of check-in, regardless of the time. You must comply with the towel change times during your stay, between 10:00-10:30 in the morning, 14:00-14:30 in the afternoon, 17:00-17:30 in the afternoon and 19:30-20:00 in the evening, only at the Thermal SPA Reception. Towel change is provided. We would like to remind you that towels are not changed outside these hours.
- Please deliver your room cards to the Thermal SPA Reception to prevent them from getting mixed up, lost or demagnetized in wet areas.
- The Fitness Center located in the Thermal SPA Center is suitable for use by people over the age of 15 and can be used free of charge with sneakers and sportswear between 08:00 - 20:00. You can get support from Thermal SPA Reception to make an appointment. Tel:777
- The doctor is available at our hotel on certain days, and paramedic service is available between 08:00 and 24:00. In our Thermal SPA Center, prescription injection service is provided for a fee. At the same time, your blood pressure and sugar measurements are taken and nurse service is provided from 08:00 in the morning until 00:00 at night. You can get support from Thermal SPA Reception. Tel:777

- Never enter dry saunas and salt rooms with a wet body. Please enter the salt room with shoe covers and do not rub salt on your body.
 - Be sure to take a shower after using saunas and steam rooms. Please do not stay in high-temperature areas such as sauna, steam room, mud bath for more than 10 minutes. Your body's temperature, allergy to the product, etc. If you are sensitive to situations, be sure to remind the officer before taking any action.
 - If you cannot use a mud bath due to your heart-blood pressure problem, you can choose the mud wrap that we have designed for you. You can get support from Thermal SPA Reception. Tel:777
 - In order to avoid dangerous situations for your health, please do not run around the pool and do not jump into pools. Since almost all sections of the Thermal SPA Center are wet areas, activities such as walking around without slippers or running can increase the possibility of slipping and cause distressing situations such as falling and injury. We think of you and advise you to be cautious.
 - For your safety, glass service products are not used in the Thermal SPA Center, around the outdoor pool and in green areas.
 - We recommend not to step on the white and brown grates on the water drains around the pool as it may cause injuries.
 - Please expose your children to swimming pools, saunas, thermal pools, children's pools, slide pools, etc. Do not leave them alone in areas. We would like to remind you that parents are responsible for the safety of children.
 - If you have any health problems, we recommend that you consult a doctor beforehand. If you have a health problem that may cause problems in the pool, you must report the situation before using the thermal areas. Do not use the pool if you have skin infections, open wounds or cuts on your body.
 - Please remove all your jewelery before entering the pools. There is an encrypted safety deposit box in your rooms. We would like you to know that loss of personal belongings is the individual's own responsibility.
 - Please comply with the slide rules when using the slide pools. Men's and Women's shared indoor slide pool between 10:00-12:00 and 14:00-16:00, Men's and Women's shared outdoor slide pool between 12:00-14:00, Ladies' special slide pool between 17:00-16:00. It is open between 18:00 and 18:00. We would like you to know that changes are made to the outdoor pool slide according to seasonal conditions.
 - Pool depths for adult swimming pools are 140 cm. Slide pool is 110 cm, children's pools are 40 cm.
 - Pool temperatures are kept between 40 and 42 degrees in thermal waters and 26 and 28 degrees in the swimming pool section.
 - The use of thermal water as drinking water is dangerous and prohibited because it contains fluoride and arsenic.
 - Do not consume food in the areas of our Thermal SPA Center (pool, Turkish bath, etc.).
 - First of all, we would like to reiterate that you are having a thermal holiday, that healthy meals are available in our hotel throughout the day in order to stay healthy as well as having fun, and that the use of thermal should not be done when you are very hungry or overly full, and we would like to inform you about the meals at the Garden Pool Bar on the thermal spa floor. In order not to tire you out, we would like to point out that there is no dress code for meals on the spa floor, and you can wear a bathrobe. Every day; There is Soup Time between 13:00-14:00, Snack Buffet between 14:30-15:30, and Pancake Time between 16:30-17:30.
 - You can benefit from our self-service tea and brewed herbal tea service free of charge at the Garden Pool Bar, located on the -2 Thermal Spa floor, from 11:00 in the morning until 18:00 in the evening.
 - During the day, our relevant staff will verbally remind you of our rules and warnings, which we feel the need to remind you to avoid any tragic events of vital importance, and which have been created especially for your safety and health to ensure that you have a pleasant holiday. We want you to know that you are valuable to us.
- We thank you for your sensitivity, understanding and help and wish you a nice holiday.

**Sandıklı Thermal Park Family
regards**